

# **Must-have outdoor power supply for visiting Russia**





## Overview

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Do I need a travel adapter in Russia?

The electrical outlets and power plugs in Russia are of types C & F (see images). If your country uses the same electrical outlets and power plugs, you don't need a travel adapter. However, you may still need a voltage converter if the voltage is different.

Do I need a voltage converter & plug adapter in Russia?

If you are traveling from North America, you will need a voltage converter and a plug adapter to use your electronic devices in Russia. Most European countries use the same voltage and plug types as Russia, so if you are coming from Europe, you will only need a plug adapter.

Can I use a charger in Russia?

Chargers for iPhones, Android phones and other smartphones or cell phones are usually dual voltage, so you can use them all over the world. However, it is possible you'll need an adapter to plug the charger into a Russia outlet. Russia uses electrical outlets and power plugs of types C & F (see images).

Do North Americans need an adapter to use electronics in Russia?

No! North Americans will need an adapter for the outlets and a transformer for the voltage when traveling to Russia. North Americans device plugs will not work with the outlet types in Russia. Also, the voltage in Russia is different from North American voltages. Can Europeans use Electronics in Russia without an adapter?

Yes!.

Do I need a power converter if I travel to Russia?

If you are traveling to Russia from a country that uses a different voltage or frequency, you will need a power converter to use your electronic devices



safely. A power converter will convert the voltage and frequency from the Russian power outlet to the voltage and frequency that your device requires.

What is the standard voltage in Russia?

The standard voltage in Russia is 220 V, and the standard frequency is 50 Hz. If you're coming from a country that uses a different voltage, you may need a voltage converter or transformer in addition to a plug adapter. What is my country's voltage and frequency?

- Select it from our list.



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In accordance with the rules of the experiment which will be held from 30 June 2025 to 30 June 2026 at every border control checkpoint of the Russian Federation, foreign ...

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## Power plugs and sockets in Russia

Russia uses the same power outlets as most European countries including Finland, Sweden, France, Germany and Spain. If your plug is not 2 pronged and circular shaped, you'll need an ...

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### **Russia Electric Plug Types: Will You Need An Adapter In Russia?**

Since Russia uses Type C and F outlets, you'll need a Type A/B to Type C/F adapter. Additionally, as the voltage in North America is different, you may also need a voltage ...

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## Russia electrical outlets & plugs

Russia uses electrical outlets and power plugs of types C & F (see images). If your country uses the same electrical outlets and power plugs, you don't need a travel adapter.

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## [Electrical power outlets and voltage standards in Russia](#)

The frequency is 50 hertz. We advise to check any of your electrical devices before using with the Russian electrical network. The device must support the ...

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## US to Russia Travel Adapters

Americans will therefore need a type C/F power adapter for Russia to safely connect their personal electric items and charge their laptops, phones, cameras and tablets whilst abroad. ...

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